

## DO GOOD THIS SUMMER

Want to do something good for your local community but don't know where to start?

If you're 15-17, find out how you can get involved and sign up at WEARENCS.COM





As lockdown begins to lift, everyone - from national organisations to local food banks, charities to care homes - is going to need a little more help to get back to whatever 'normal' is going to be.

That's why NCS has introduced One Million Hours of Doing Good - to help communities to rebuild and recover once it's safe to do so.

If you can spare 16 hours (or even more) over July and August, why not donate them to a volunteering project in your local area? Sign up on our website and we'll be in touch to let you know about the opportunities near you. You can even decide what your local community needs and set up a social action project of your own.

## HOWEVER YOU CHOOSE TO HELP, YOU'LL:

- · Pick up new skills
- Help rebuild local communities
- · Create positive change
- Boost your CV
- Meet new people

FIND OUT MORE AND PLEDGE YOUR TIME AT WEARENCS.COM